



We are involved and support the NAMI Walks St. Tammany fundraising event because we believe that mental illness is an issue that is important to all of us.

Proceeds stay local and support our mental health nonprofit NAMI St. Tammany to provide programs and services.

# NAMI Walks

National Alliance on Mental Illness

Please join us in being a supporter of NAMI Walks St. Tammany on

**Saturday, May 18, 2019 – Mandeville Lakefront**

**Register and donate at [www.namiwalks.org/sttammany](http://www.namiwalks.org/sttammany)**  
Walk for Mental Health!

## Why we walk...

1 in 5 Adults in America experience a mental illness



50% of all lifetime cases of mental illness begins by the age of 14 and 75% by the age of 24



90% of those who died by suicide had an underlying mental illness



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NAMI Walks 2017, Mandeville Lakefront