

# Slidell High Extracurriculars

2022-2023

Club/Team Name	Sponsor(s)/ Coach(es)	Requirements	Info
Baseball	Ruda (501), C. Goulas (301), & Cuccia (420)	Tryouts take place after Thanksgiving break. Must have good grades and clean discipline and attendance. At the semester, a student can't fail more than 1 class and still be eligible.	Season runs from January-May, and then summer games begin at the end of May. We do play games during Mardi Gras and Spring Break. The baseball program tries to develop not just good baseball players, but good people with high character. We demand integrity and respect, with the expectation to have each individual grow into a great student, and a great young man.
Basketball	Boys – Green (611) & Ferrer (512)	We have tryouts, but you can't have 2 Fs and must have over a 1.5 GPA.	We finished 9th in the state last year and 3 out of our 5 seniors from last year will be playing college basketball next year.
	Girls – Twillie (519), Wright, & Dugas	Must tryout, meet LHSAA grade requirements, have clean discipline record, must be at all games and practices - we practice/play during Thanksgiving Break, Christmas Break, and Mardi Gras Break.	In girls' basketball, we believe in the teamwork and strong work ethic. We work hard to continuously improve, while having fun. We have a great group of young ladies who are exceptional role models on the basketball court, in the classroom, and in life.
Band	Mr. Blocker & Ms. Breaux (Bandroom)	Sign up with Mr. Blocker	Participate in the fabulous Marching Tigers marching band at parades, football and basketball games and other school events.
Beta Club	Deberry (411) & Sison	The requirements are a 3.3 GPA, no excessive absences, and no behavior issues. Students can be tapped and invited to join Beta Club during their freshman, sophomore, or junior year.	Beta Club promotes the ideals of academic achievement, character, service, and leadership among junior and high school students. Members are also required to complete 30 hours of community service each school year.
Cheerleading	Brindell (512)	Tryouts in the Spring, 1.5 GPA/pass six classes each semester, clean disciplinary record, good attendance, strong work ethic, positive attitude	Attendance at a parent/student info meeting is required to participate. Students learn jump and motion technique, sideline cheers, a dance, and the fight song. Cheer is a year-round activity, and it is very important to understand the time and financial commitments that come with the group.
Choir	M. St. Cyr (902)	Contact Mrs. St. Cyr for more info	Contact Mrs. St. Cyr for more info
Colorguard	Santalla (Bandroom)	Tryouts; contact Mr. Wild or Ms. Nicholson for more info	Participate in the Slidell High colorguard/flag team at football games and winter competitions.
Cross Country	Branton (312)	Must tryout, students will need a current physical, C or higher grades, a good pair of shoes and a positive attitude.	Cross country running is a sport in which teams and individuals run a race on open-air courses over natural terrain such as dirt or grass.

Fellowship of Christian Athletes (FCA)	Peterson (206), Wahl (522), & Champagne (419)	It's not just for athletes, anyone can join. There are no other requirements.	FCA, is a fellowship club (of all denominations) to help students further their relationship with God. We meet every Friday morning at 7:30 at the church across the street from the baseball field. Hope you join us!
Football	Scobel (gym)	Tryouts (August 6 – after school tryouts for any 9 <sup>th</sup> grader who has no attended summer workouts) *make sure to have your packet filled out and have a completed physical; Must meet all LHSAA eligibility requirements	Come out and join our amazing football team! Can't wait for another great season!
Foreign Language Club	Navarro (500 Hall)	\$10 Donation	Contact Ms. Navarro for more information.
Future Educators of America (FEA)	M. St. Cyr (902)	No requirements	FEA is for anyone who is considering working with kids either as a teacher, in child care, administration, social work, etc. The organization is changing from just k-12 education to include working with kids and community.
Future Farmers of America (FFA)	Davis (616) & Lebo (612)	Enrolled in at least 1 ag class last year or next year (we don't turn down anyone who wants to join) and \$25 dues	The National FFA is a Co- Curricular organization, that utilizes agriculture as a commonality to develop its members into leaders, as well as exploring various career paths.
Gaming Club	Marcotte (108)	\$10 Dues; open to everyone	The gaming club meets once a week to play a variety of video games and tabletop games (including chess). We occasionally have tournaments that students put together. The Gaming Club is an opportunity for many students, who would ordinarily not be involved in after school activities, to socialize.
Golf	Ferrer (600 Hall)	Tryouts; Must meet all LHSAA eligibility requirements	Team practice is at Pinewood CC; during the season, team members play for free. You must have your own clubs, balls, etc. to participate. SHS supplies team shirts and golf caps. We play 8 tournaments plus a district championship tournament; sectional and state tournament if we qualify. Five boys and 3 girls are allowed to play in each tournament. Recent results: The girls team has advanced to the top 5 at state regionals for two straight years out of 20+ teams.
History Club	Duffaut (520) & Talley (212)	\$10 Dues; Members must remain in good standing regarding school behavior and academics. Students must attend 2/3 of the meetings to remain active and in good standing with the club.	Our club is a gathering of minds that share one thing in common, our passion for history! Our members love to share their interests in historical topics and events, and how they've come to shape the world we live in today. We meet at least once a month for a general meeting and once a month for a special event.
HOSA – Future Health Professionals	Bankston (608) & MacMenamin (604)	\$30 Dues; Minimum GPA at 2.5; Any student enrolled in a health science class or interested in pursuing a	HOSA is the place for students to expand upon the learning opportunities offered in the classroom. HOSA is not a club – it is an organization that promotes career opportunities in health and

		career in the health field is invited to become an active member of this international organization.	supports young people who plan to become the next generation of health professionals. In our HOSA Chapter, we stress leadership through the election of student officers. We emphasize participation through social activities, leadership development sessions, business meetings and friendly competition by means of skill and academic contests on the local, district, state and national level.
Interact	Sullivan (office)	You must have at least a 3.0 GPA. Dues are \$10.	Interact is a club for students that want to help bring a positive environment to school. We sponsor the anti-bullying and anti-violence presentations. We also do some community service through the Slidell Rotary Club.
Linked Up	Thompson (416)	See Mrs. Thompson for more info	See Mrs. Thompson for more info
Mu Alpha Theta	Evans (518) & Comeaux (401)	Membership is by invitation only, starting with recommendations from math teachers. Students must have completed Alg 1 and Geometry, and must be enrolled in a college preparatory math class (Alg 2 or higher). Their math GPA must be at least 3.5. They must also have clean discipline and attendance records. There's a one-time \$30 fee to join and then yearly \$5 dues.	We provide free math tutoring on Tuesday mornings for the student body. To remain in good standing, members must attend monthly meetings and help provide tutoring to earn a minimum of 5 service hours per semester. In the spring, we attend the Louisiana Mu Alpha Theta Convention in Baton Rouge, where students compete in math games, activities, and tests. Seniors who remain in good standing will receive cords to wear at graduation and a seal on their diploma.
National Honor Society (NHS)	Carruth (110) & Thomas (505)	3.5 GPA with no semester grades of D or F and a max of one C in core classes; 2 credits of honors/gifted academic/AP/DE year courses per year; active membership in 2 school-based extra-curricular organizations per year; a record of leadership	Induction into the National Honor Society is held annually in the spring. Students eligible for induction must have spent at least one semester at Slidell High School, and be in their Junior year. Meeting Times: the 3rd Thursday of the month -- 8:00 AM in room 505. Tutoring in all subjects: every Friday at 7:55 AM in room 505
NJROTC (Navy) - Marksmanship	Jones (715) & Mounger (714)	For Marksmanship - Must be a member of the SHS NJROTC unit during the competition season.	Be a part of Slidell's only competitive High School marksmanship team! We compete against cadet JROTC programs across the United States while honing the finer points of marksmanship that will last a lifetime. Practice runs from August 2022 to April 2023.
Powerlifting	Fontenot (105) & Dutruch (514)	Tryouts in November; Must meet all LHSAA eligibility requirements	Join the State Champion Slidell High Powerlifting Team! There are 11 different weight classes, so we need people of all sizes. No sports background necessary. Be the next State Champion.
Robotics	Hudmon (718) & Grant (610)	Meetings will be held after school on every other Tuesday. If students make the competition team, students will be required to put in additional time to prepare for competition.	Students will be given the opportunity to learn problem solving, team building, game strategy and engineering skills through hands on experiences. We will be competing using Vex robots at various locations throughout the state.

SAVE Promise	Mitchell (203)	Anyone can join. There are no requirements for membership.	The club promotes positivity in the face of adversity, inclusion of all people and cultures in events on school campus, heightening awareness of mental illness, and fighting school violence.
Softball	Moore (713), Stevens (211), & Cognevich (209)	Tryouts; Academic 1.5 GPA (as set by the LHSAA)	Team of athletes who compete on the softball field. Season starts MLK day and extends through April. The female athletes will learn the dynamics of the game, physically train and be a part of a team.
Soccer	Albe (516), Goulas (301)	Tryouts; Must meet all LHSAA eligibility requirements	We strive to make the soccer program highly competitive, but more importantly fun. You do not have to be a soccer expert to play, and we are trying to create opportunities for players that are willing to work on being the best they can be.
Swimming	Gonzales (110)	Must meet all LHSAA eligibility requirements	Highly competitive, varsity-only, swimming program. Practice begins Aug 10th at the Crossgates Athletic Club on Military Rd. Practice times are from 6:00–7:30, Monday through Friday.
Swingerettes	Leffler (SJH), Brindell (512)	Tryouts in the Spring, 1.5 GPA/pass six classes each semester, clean disciplinary record, good attendance, strong work ethic, positive attitude	Attendance at a parent/student info meeting is required to participate. Dance is a year-round activity, and it is very important to understand the time and financial commitments that come with the group.
Tennis	Jones (715)	Tryouts; Must meet all LHSAA eligibility requirements	This is a spring competitive sport. The team will practice at SHS during the fall and spring semesters. Players must provide high-quality racquets, shoes, equipment bags, etc.
Thespian Society	Sauber (901) & M. St. Cyr (902)	Thespians membership is open to any SHS student interested in participating in theatrical productions, both on stage and backstage. Thespian dues are \$10. Performances earn you points toward being inducted to the society. \$35 Induction in May for 2021/2022 participants.	Auditions for the fall show are August 23 after school in the auditorium. Club meets on Friday mornings before school prior to rehearsals. During rehearsals, the club meets Monday - Thursday after school from 3:45 until 6. Not all participants have to be in the show.
Tiger Teammates	Keegan (526), Rosario (507), & Lovely (508)	There are no dues or GPA requirements.	Tiger Teammates is an organization that promotes friendships between students with disabilities and their non-disabled peers. We meet twice a week during lunches. The first meeting is a planning meeting and the second is a scheduled group activity: dodge ball, basketball, holiday party, Special Olympics event, etc.
Track and Field	Camhout (gym), R. Goulas (609), Branton (312), D. Roberts (gym)	Tryouts in January; Must meet all LHSAA eligibility requirements	Track and Field is a sport for all people. Athletes can compete in sprint races, distance races, jumps, or throws.
Volleyball	Anderson (gym) & Cognevich (114)	Tryouts; Must meet all LHSAA eligibility requirements	Contact Coach Anderson for more info

Yearbook (SAGA)	Brockhaus (308)	Students can join Saga at the end of their freshmen year; they need to have at least a 3.0 GPA, teacher recommendations, and no write-ups to join.	Slidell's Saga staff is a group of students interested in media, graphic design, journalism, and photography. We focus on getting the stories of the school year, capturing as many moments as we can in words and on camera, and portraying these moments using graphic design. Our work is published at the end of every year as the yearbook; students collaborate with classmates, have unique jobs within the class that focus on their growth goals, and they are behind the scenes at every event at school.
-----------------	-----------------	--	---